

PERFORMANCE FITNESS CENTER

Invites you to enjoy 2 FREE Days of Fitness

Come and see for yourself the difference in what we have to offer and the difference in the way you feel!

*Print this form, fill out the information below and try us out for two FREE workouts.**

*Or, email us in the contact section and type **2 Day Pass** in the comment box.*

Let us help you meet all your Health and Fitness needs!

Name _____

Address _____

City _____ Zip _____

Phone _____

Email _____

Date _____



The GYM at Deerfoot

4901 Deerfoot Parkway
Trussville, Alabama 35173

205.655.1473

www.pfcdeerfoot.com

Hours of Operation:

Monday-Thursday	5:00 am until 9:00 pm
Friday	5:00 am until 8:00 pm
Saturday	7:00 am until 5:00 pm
Sunday	1:30 pm until 5:30 pm

** restrictions apply – inquire for details*